Northwest

Snapshot of Rural Health in Colorado - 2018 -

Photo: Rangely, CO

Colorado Rural Health Center
The State Office of Rural Health
**NORTHWEST REGION**

Counties Included: Jackson, Moffat, Rio Blanco, Routt

### Demographics

- **Total Population:** 45,182
  - (Less than 1% of the state population)
- **% of Single Family Households:** 21%
  - (compared to the state average of 28%)
- **% Living Under the Federal Poverty Line:** 12%
  - 2019 Median Projected Age: 40
  - (compared to the state projected median age of 38)
- **% of the region enrolled in SNAP:** 7%
  - 38% of Children are Eligible for Free & Reduced Lunch

### High School Graduation

- **% of High School Graduates:** 88%
  - 60% of the population has some college education

### Health Outcomes

- **% of Adult Obesity:** 21%
  - (compared to the state average of 20%)
  - Lowest Obesity: Routt County at 14%
  - Highest Obesity: Moffat County at 26%
- **% of region with Adult Diabetes:** 6%
  - (compared to the state average of 6%)
- **% Children born with low birthweight:** 14%
  - (compared to the state average of 8.8%)

### Median Income

- **$59,623**
  - Lowest median income: Jackson at $46,905
  - Highest median income: Routt at $70,989
  - The northwest region has a median income $9,133 below the average urban median income of $68,756
MENTAL AND BEHAVIORAL HEALTH

Rural Payer Mix
- Medicaid (16.6%)
- Medicare (11.4%)
- Private Pay (57.9%)
- Uninsured (14.4%)

RURAL HEALTH FACILITIES

13 Rural Facilities
- 3 Critical Access Hospitals
- 1 Additional Rural Hospital
- 6 Federally Certified Rural Health Clinics
- 3 Additional Rural Clinics

PATIENTS PER PROVIDER
- Regional Physicians: 1:1287
- Urban Physicians: 1:1713
- Regional Mental Health Providers: 1:505
- Urban Mental Health Providers: 1:755

PAYOR MIX
- Private Pay (57.9%)
- Medicaid (16.6%)
- Medicare (11.4%)
- Uninsured (14.4%)

Additional Rural Clinics
Federally Certified Rural Health Clinics
Rural Facilities
Regional Dentists: 1:2068
Urban Dentists: 1:2342
Regional Physicians: 1:1287
Urban Physicians: 1:1713

Percent increase in Overdose Deaths ('02-'14) 143%
Annual Suicide Rate (per 100,000 individuals) 29
See all of the Regional Snapshot Reports at coruralhealth.org/policy

REGIONS

- Grey - Northwest
- Red - Resort West
- Yellow - Southwest
- Blue - San Luis Valley
- White - Urban
- Green - Eastern Plains

For a detailed list of Snapshot data sources, please visit coruralhealth.org